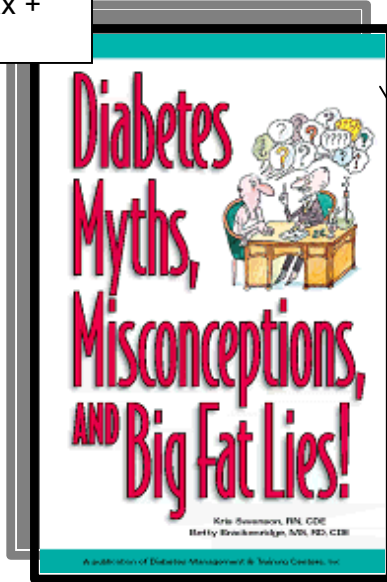
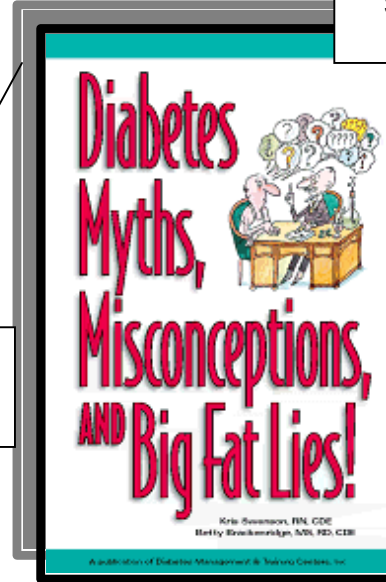


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Written by Kris Swenson, RN, CDE and Betty Brackenridge, MS, RD, CDE.

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