

AGENDA

Diabetes Manager University

Day 1	Diabetes Today: New Treatments, New Standards, New Research
8:00am	Sign-In, Coffee
8:30am	Introductions
9:00am	<ul style="list-style-type: none">◆ Overview of Current Diabetes Care◆ New Standards, New Guidelines: A Changed Playing Field◆ New Research To Guide The Way
10:15am	Three Days with Diabetes: Can You Walk the Walk?
10:30am	BREAK
10:45am	Overview, continued
11:30am	Blood Glucose Monitoring: Patient Tool or Provider Measuring Stick?
12:00pm	LUNCH – On Your Own
1:00pm	Diabetes and Nutrition: Getting Out of the Guilt Business
2:00pm	New Treatments, Better Tools, More Choices <ul style="list-style-type: none">◆ Bringing Diabetes Pathophysiology Down To Earth◆ Understanding the Therapeutic Choices
3:00pm	BREAK
3:15pm	Treatment Tools, continued
4:00pm	Introducing the “Faces” of Diabetes
4:15pm	Small Group Case Work: Initial Problem Identification and Intervention Selection
4:30pm	Adjourn for the Day
Day 2	Non-Pharmacological Therapies Today – A Closer Look
8:00am	Coffee
8:30am	Feelings and Diabetes: The Elephant in the Exam Room <ul style="list-style-type: none">◆ The Personal Meaning of Diabetes◆ Patient- Centered Counseling◆ The Behavior Change Protocol◆ Essential Provider Skills
10:00am	BREAK
10:15am	Exercise In The Diabetes Care Plan <ul style="list-style-type: none">◆ Physiology of Exercise In Diabetes◆ Benefits and Risks◆ The Exercise Prescription◆ Barriers and How To Help Overcome Them
11:45am	What Makes A Good Foot Exam
12:00pm	LUNCH – on Your Own
1:00pm	More Nutrition: “I’d Rather Try To Change A Man’s Religion Than His Eating Habits” <ul style="list-style-type: none">◆ Implementing Carbohydrate Management
2:45pm	<ul style="list-style-type: none">◆ Obesity – First, Do No Harm<ul style="list-style-type: none">• Risks and Realities• Evolving A Respectful, Evidence-Based Approach: Strategies and Goals
3:30pm	BREAK
4:00pm	Insulin Bolus Bingo
4:30pm	Adjourn

Day 3

Pharmacological Therapies Today – A Closer Look

8:00am

Coffee

8:30am

Indications and Usage of Available Antihyperglycemic Agents

- ◆ Insulin Secretagogues
- ◆ Biguanide
- ◆ Thiazoladinediones
- ◆ Alpha-glucosidase Inhibitors
- ◆ Insulins old and new
- ◆ Incretin Mimetics

9:30am

Insulin in Depth: Understanding the Tools and the Five Rights

10:00am

BREAK

10:15am

Insulin, continued

- ◆ Preventing and Treating Hypoglycemia
- ◆ Learning to Think Like A Pancreas
- ◆ Delivery Device Options
- ◆ Dealing with Formularies
- ◆ Using Algorithms

12:00pm

LUNCH on your Own

1:00pm

The Bells and Whistles of Diabetes Care: Pumps, Continuous Sensors, and the Future

2:00pm

The Insulin Resistance Syndrome: Hyperglycemia Is Just The “Tip of the Iceberg”

2:15pm

Small Group Case Presentations/Case Conference

3:00pm

BREAK

3:15pm

Debriefing from the “Three Days with Diabetes” Experience: Lessons Learned

4:15pm

Q and A and Discussion

4:30pm

Adjourn for the Day

Day 4

Program Planning and Implementation (Optional)

8:00am

Coffee

8:30am

Delivering Good care is No Longer Enough To Assure Program Survival

Who Is Keeping Score In Your System and What Metric(s) Do They Use?

9:00am

The DMTC Model and Process; Making it Work in the Real World

- ◆ Cross Training of Staff
- ◆ Use of Patient Volunteers
- ◆ Professional Networking/Mentoring
- ◆ Becoming A Resource

Business-To-Business Partnerships

10:00am

BREAK

10:15am

DMTC Model, continued

11:30am

Q and A and Discussion

11:45am

Evaluation

12:00pm

Adjourn to Enjoy the Arizona Sunshine! Safe Journey Home!